## **GHD** Monthly Newsletter

### January 2022

The Global Help Desk (GHD), a part of the Global Relations Team within the Institute for Basic Science (IBS), presents this monthly newsletter to introduce you to life in Korea and let you know some recent domestic news, holiday or event information, language support, recent IBS news, and free phone numbers to get help and support. All GHD newsletters are available online at the website Living in Korea at www.ibs.re.kr/livinginkorea. Hosted by IBS, it has hundreds of pages of contents and photos to help you thrive, not simply survive.

#### Living in Korea Highlight

A new year brings new changes. One worth mentioning is a significant change to GHD. As of 1 January 2022, the Global Help Desk will now be internally run by the Global Relations Team in IBS HQ. Monthly newsletters will continue. The support email account will continue. The phone number will change. Please delete the 031 phone number if you saved it in your phone. A list of phone numbers is at the bottom of this newsletter and they are all publically available numbers, so feel free to share them with people outside of IBS. One internal phone number will be available and we ask that you use that sparingly. The page about GHD will be updated accordingly.

#### **Domestic News**



# Got oat milk? New dairy alternative takes hold in Korea

Coffee chains, food companies and the milk industry are seeing oat milk as a new alternative to dairy.

Read more



#### Booster shots to be given after three months

Korea reduced the interval between vaccination and booster shots to three months for adults on Friday.

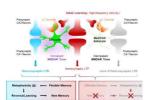
Read more

#### **IBS** News and Events



#### Scientists can control brain circuits, behavior, and emotion using light

Controlling signal transmission and reception within the brain circuits is necessary for neuroscientists to achieve a better understanding of the brain's functions. Read more



#### Star cells in the brain render memory flexible

As we live in a dynamically changing environment, it is important for our brain to not only learn new things but also to modify existing memories. This is commonly referred to as "cognitive flexibility". Read more



#### Andreas Heinrich wins the Karl Friedrich Bonhoeffer Lecture Award

Andreas Heinrich, director of the IBS Center for Quantum Nanoscience (QNS) delivered the Karl Friedrich Bonhoeffer Award Lecture on December 17, 2021, at the Max Plank Institute for Biophysical Chemistry. Read more

#### Regional Events and Holidays



Title: Monk Artisans of the Joseon Dynasty
Buddhist Sculptures and Paintings
Period: Tuesday 7 December 2021-Sunday 6 March 2022
Venue: Special Exhibition Gallery, National Museum of Korea
Learn more



#### When is Korean New Year?

Known as Seollal, Korean New Year is the first day of the lunar Korean calendar. It is the most important of the traditional Korean holidays. It consists of a period of celebrations, starting on New Year's Day.

Learn more

#### Let's Learn Korean!



<u>Click here</u> to learn what number should you call for emergencies.

And <u>click here</u> for a good introduction to the Korean language.

#### **Individual Support**

#### Phone Numbers

Emergency

119 or interpretation provided by 1330 Korea Travel Hotline

Korea Travel Hotline & Complaint Center

1330 or +82-2-1330

Website

24/7: Korean, English, Japanese, Chinese, Russian, Vietnamese, Thai, and Malay 08:00-19:00: Russian, Vietnamese, Thai, and Malay

#### Before Babel Brigade Korea (BBB Korea)

1588-5644

Website

24/7: English, Japanese, Chinese, Spanish, French, Russian, Italian, German, Portuguese, Arabic, Vietnamese, Mongolian, Polish, Turkish, Swedish, Thai, Bahasa Indonesia, Hindi, Bahasa Malaysia and Swahili

#### Global Help Desk

If you are associated with the Institute for Basic Science and wish to get in contact with the Global Help Desk, please send an email or call if you have a pressing issue. Email and phone number available to IBS researchers.

#### COVID-19



About COVID-19
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